



### Waiver, Release and Indemnity

All persons participating in events, races, practices, training or instruction (collectively the "Activities") organized or provided by the GT Dragon Boat Society (GTDBS) or any other person associated with the GTDBS or a member of the GTDBS (including their respective directors, officials, members, contractors, and volunteers) (collectively the "Released Parties") are required to read and agree to this release and indemnity.

In consideration of receiving permission to participate in the Activities organized or provided by any of the released Parties and permission to enter the waterways and grounds supervised or in any way controlled by any of the Released Parties, the receipt of said permission being hereby acknowledged. I hereby forever release any and all liability and agree not to sue any of the Released Parties for, and agree to hold them harmless and indemnify them from and against, any and all liabilities, claims, injuries (including death), losses, damages, costs, expenses, demands, actions and causes of action of whatsoever kind or nature that may be suffered by me for whatever reason arising out of or related to my participation in any of the Activities organized or provided by any of the Released Parties or entering the premises, waterways or grounds supervised or in any way controlled by any of the Released Parties.

I and my next of kin am/are aware of the risks and hazards inherent in both the sport of dragon boat and entering the premises used for the purpose of activities associated with the sport of dragon boat and specifically in participating in the Activities organized or provided by the Released Parties, knowing that conditions may be hazardous and dangerous, that high winds may cause rough water, and that obstruction may exist, and that I voluntarily assume all risks of loss, damage or injury (including death) that may be sustained by me or to any property in or upon such premises or engaged in any such Activities.

I confirm that I am responsible for my own safety at all times while engaged in the Activities organized or provided by any of the Released Parties.

I have read and understand GTDBS Safety Protocol and am aware and will adhere to the lifejacket/floatation device/life preserver requirements.

I agree that any photo (whether electronic, digital or otherwise) taken of me or in which I may appear may be used by any of the Released Parties for any legal purpose, including publicity and commercial exploitation, without compensation to me and this constitutes my consent to such use.

I hereby acknowledge and represent that I have read and understand this release and indemnity and agree to it voluntarily, that I am 19 years of age or older and of sound mind, or being less than 19 years of age, co-accept with a parent or legal guardian, as the case may be.

I recognize and agree that I am not allowed to participate in any of the Activities noted above unless I accept this release and indemnity and I am, therefore, receiving a benefit for signing this release and indemnity and it is binding on me and my heirs, estate trustees and other personal representatives.

I accept the terms and conditions of membership.

---

Name

---

Signature

---

Date